

Lesson 8: Checking In and Setting Goals

Learning Target: Students will review the homework strategies they have learned so far and reflect on which ones they have been able to use successfully so far. Students will set a goal for their homework completion going forwards and track this goal

Materials/Preparation:

- Copies of the “Homework Completion Tracker” chart for each student
- Add to the “Homework Habits” Chart: Set a homework goal and track your progress.

Steps:

1. Connection to previous lesson: “In the past few weeks we’ve discussed quite a few strategies that can help us create good homework habits (point to chart). Today we’re going to reflect on how those strategies are working for you and set some goals for the weeks ahead.”
2. Journal Prompt: What strategies have you found useful so far? What (if anything) is still getting in the way of completing your homework?
3. Students work with partners to troubleshoot any problems they are having. (You might want to model this process with one volunteer first).
4. Ask students to set realistic homework goals for the next month and a half. Point out that saying they will not miss any homework assignments might not be realistic for some of them, but that they should aim to improve their normal homework completion rate. On the Homework Completion Tracker handout, ask students to fill in the goal section at the top.
5. Students staple the Homework Completion Tracker handout in their folder and use it to track their progress each day at the start of advisory. *

*This procedure will let you do a quick check-in with students and provide support as necessary. When a student marks that he did not turn in an assignment, encourage him to make a plan to submit the assignment late and to include the make-up work in his planner.

Name: _____

Homework Completion Tracker

Homework Goal: For the next 6 weeks, I will miss only ____ assignments. I will turn in only ____ assignments late.

Directions: Check the box each time you turn in a homework assignment on time. Write an X in the box each time you do not turn in a homework assignment. Write an L in the box for assignments you turned in late.

| Week of: (Enter Monday's date) | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|--|--|--|--|--|
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |
| | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science | <input type="checkbox"/> English <input type="checkbox"/> Math <input type="checkbox"/> Social Studies <input type="checkbox"/> Science |